

DIABETES RESOURCE GUIDE



3601 Green Road, #100
Cleveland, OH 44122
216-591-0800 www.dagc.org
December, 2007

This diabetes resource guide has been prepared for you by the **Diabetes Association of Greater Cleveland**. The Diabetes Association of Greater Cleveland is Northeast Ohio's only local and independent diabetes-focused organization, not affiliated with the American Diabetes Association or the Juvenile Diabetes Research Foundation.

The health educators at the **Diabetes Association of Greater Cleveland** provide free blood glucose screenings, answer your questions about diabetes, teach you how to use your blood glucose monitor, offer assistance with obtaining diabetes supplies on an emergency basis and let you know what type of community programs are coming up. Do not hesitate to call them at 216-591-0800 or at www.dagc.org. Click on "Ask an Educator".

In this guide, you will find information from most hospitals in the Northeast Ohio area along with a contact name and phone number. If you have questions about services, fees, what is covered by your health insurance, etc, at a particular hospital, feel free to call the contact person and ask.

Some "terms" you may notice are:

Diabetes Self Management Education or DSME - a series of 4 classes, taught by nursing and nutrition professionals, that teach the basics of managing diabetes (what is diabetes, medications, blood glucose testing, sick days, complications, diet, etc). There is a charge for DMSE.

Medical Nutrition Therapy or MNT-one on one visits with a registered dietitian to discuss managing diabetes through food and diet. There is a charge for MNT.

Support Groups-meetings that provide additional information on living with diabetes. These meetings are usually free of charge and open to people with diabetes (and their family and care-givers)

Diabetes Seminars-periodic meetings that provide speakers on various topics of diabetes. These are usually free of charge and open to people with diabetes (and their family and care-givers).

Patient Assistance Programs or PAP - Information about various patient assistance programs and low / no cost clinics are in the back of the guide.

HOSPITAL RESOURCES

Akron General Medical Center

Diabetes Education and Self-Management Program

400 Wabash Avenue; Akron, Ohio 44307

Kelly Reed, MS, RD, LD, CDE; (330) 344-7762

kreed@agmc.org

- Diabetes support group. Call for info.
- Medical Nutrition Therapy available. Call for info.
- Diabetes Self Management Education classes (ADA recognized). Call for info.
- Gestational diabetes education
- Periodic diabetes seminars

Akron Children's Hospital (Summit)

One Perkins Square; Akron, Ohio 44308

Janet Haas, RN, CDE; (330) 543-3208

jhaas2@chmca.org

- Teen diabetes support group (ages 13-16yrs), 1st Monday / month (not in June, July, Aug). Facilitated by RN, CDE and Social Worker.
- Kids diabetes support group (ages 9-12 yrs), 2nd Tuesday / month (not in June, July, Aug). Facilitated by RN, CDE and Social Worker.
- Medical Nutrition Therapy available with physician referral.
- Diabetes Self Management Education classes (ADA recognized) available.

Affinity Medical Center (Stark)

875 8th Street NE; Massillon Road; Massillon, OH 44646

Larry Fisher, RN; 330-832-8761

- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Diabetes Self Management Education classes (ADA recognized)

Alliance Community Hospital (Stark)

200 E. State Street; Alliance, Ohio 44601

Connie Altomare, RN, MA, MLIS, CDE; (330) 596-7145

caltomare@achosp.org

- Diabetes support group 1st Wednesday / Feb, April, June, Sept, Nov from 1:30-2:30 pm
- Diabetes Self Management Education classes (ADA recognized); individual or group classes by appointment
- Medical Nutrition Therapy available by appointment
- Diabetes seminars in April and November; 9 am-noon: call for information

Aultman Hospital (Stark)

2600 6th Street SW; Canton, Ohio 44710

Liz Heiser, RN, BSN, CDE; (330) 363-5235

lheiser@aultman.com

- Diabetes support group 2nd Thursday / month; 11:30 (except June, July, Aug)
- Medical Nutrition Therapy available.
- Diabetes Self Management Education classes (ADA recognized); afternoon, evening and Saturday classes available
- Diabetes weekend retreat yearly at Atwood Lake Lodge.

Barberton Citizens Hospital (Summit)

155 5th Street NE; Barberton, OH 44203

Helen Richwine, RN, CDE; 330-615-3911

- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Diabetes Self Management Education classes (ADA recognized)
- Gestational diabetes education
- Diabetes support group
- Community education programs 2nd Tuesday / month except Dec., Jan. July, Aug

UH Conneaut Medical Center

158 West Main Road; Conneaut, Ohio 44030

Nancy Hutchens, RN, CDE; (440) 593-0364 Fax 440-593-6710

nancy.hutchens@UHhospital.org

- Diabetes support group, 2nd Thursday of January, March, May, July, September and November, 3:30 pm.
- Medical Nutrition Therapy available
- Diabetes Self Management Education available
- Mailing list: contact Nancy

Cleveland Clinic Foundation

Patient Education M84; 9500 Euclid Avenue; Cleveland, Ohio 44195; (216) 445-6898

Community Health Partners (Lorain)

3700 Kolbe Road; Lorain, Ohio 44053

Kathy Northeim, RN, CDE or Elizabeth Burgess, RN, CDE

(440) 960-3810 (440)960-4960 Fax

kathy_northeim@hmis.org

elizabeth_burgess@hmis.org

- Type 1 meeting, 4th Tuesday of most months, 7 pm.
- Type 2 support meetings are available; Call 440-960-3810 for information
- Medical Nutrition Therapy available with physician referral.
- Diabetes Self Management Education classes (ADA recognized), day classes 1-4:00 pm, evening classes 5:30-8:30 pm.
- Diabetes education seminars.

Cuyahoga Falls General Hospital (Summit)

1900 23rd Street; Cuyahoga Falls, Ohio 44223

Christine L. Allen, RN, CDE; (330) 971-7697

allenc1@summa-health.org

- Diabetes support group available
- Medical Nutrition Therapy available with physician referral.
- Diabetes Self Management Education classes (ADA accredited) available. Call for information.

Elyria Memorial Hospital Regional Healthcare System (Lorain)

Diabetes Education Program 630 East River; Elyria, Ohio 44035

Sandra Kantelas, RN, BSN, CDE; (440) 284-5709

skantelas@emhrhs.com

- Support group: call for schedule
- Medical Nutrition Therapy available by appt.
- Diabetes Self-management Education (ADA recognized). Call for information.
- Diabetes seminars: call for schedule

Euclid Hospital a Cleveland Clinic Hospital

18901 Lake Shore Boulevard; Euclid, Ohio 44119

Eva Bradley, RN, BSN, CDE; (216) 692-8711

ebradley@cchseast.org

- Diabetes support group, 1st Wednesday of each month (except Jan, July and Aug), 7 pm. In Waltz Auditorium
- Medical Nutrition Therapy available Call R.D. at 216-692-8503 for appt.
- Diabetes Self Management Education (ADA recognized); twice monthly M-Th, 9-11 am.
- Mailing list info: Wellness Coordinator @216-692-7515
Senior Circle Coordinator @ 216-692-8820

Fairview Hospital

3035 Wooster Road; Rocky River, Ohio 44116

Mary Ellen Grady, RN, MSN; (216) 476-4077

Maryellen.grady@fairviewhospital.org

Peggy Doyle, RD, LD, CDE; (216)476-4077

Peggy.doyle@fairviewhospital.org

- Medical Nutrition Therapy (physician referral required)
- Diabetes Self Management Education Classes (ADA recognized). Individual and group classes held monthly. Call for info.
- Diabetes seminars.

University Hospitals Geauga Medical Center

3207 Ravenna Road; Chardon, Ohio 44024

(440) 285-6378

- Diabetes support group, Monday, 6:30-8 pm, every other month.
- Medical Nutrition Therapy with physician referral.
- Diabetes education classes, group and individual.
- Diabetes seminar, October.

Hillcrest Hospital Cleveland Clinic Health System

6777 Mayfield Road / North Campus; Mayfield Heights, Ohio 44124

Chris Carroll, MS, RD, LD, CDE or Mary Chiem, RN, BSN, MEd

(440) 312-7760

- Medical Nutrition Therapy counseling available. Call for info.
- Diabetes Self Management Education classes (ADA recognized) offered monthly mornings and evenings. Call for info.
- Community diabetes programs offered. Call for info.

Huron Hospital Cleveland Clinic Health System

13951 Terrace Road; Cleveland, Ohio 44112

Sue Cotey, RN, CDE; (216) 761-4286

scotey@cchseast.org

- Diabetes support group, 2nd Thursday of March, April, May, September, October and November, 3:30-5 pm.
- Medical Nutrition Therapy available
- Diabetes Self Management Education classes (ADA recognized), Wednesdays, 12:30 - 3 pm
- Diabetes seminars.
- Educational sessions available at Severance Medical Office Building. Call for information.

Joel Pomerene Memorial Hospital (Holmes)

981 Wooster Rd; Millersburg, OH 44654

Rebecca Treat; 330-674-1015 ex 1238

- Diabetes support group
- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Diabetes education classes available

Kaiser Medical Offices / Ohio Region

Lucy Thomas, CNP, CDE; 216-362-2021

Regional Coordinator / Diabetes Self Management Program

Lucy.Thomas@KP.org

- Blood glucose and blood pressures available
- If you would like to make an appointment for diabetes teaching, call 216-524-7377 and request a 60-minute diabetes teaching appt. at one of the Kaiser facilities

Lakewood Hospital

14601 Detroit Avenue, #595; Lakewood, Ohio 44107

Elaine Harper, RN, BSN, CDE; (216)529-5300

eharper@lkwh.org

- Diabetes Self Management Education classes (ADA recognized). Group or individual classes; Physician referral required; Call for info.
- Medical Nutrition Therapy; Physician referral required.
- Diabetes support group, 1st Tuesday of each month, February-December, 7 pm
Community Health Center, 1450 Belle Ave, Second floor Triangle Room. No charge, no registration needed.
- Diabetes seminars

Lake Hospital System

10 East Washington Street; Painesville, Ohio 44077

Terry Grano, RN, BSN, CDE; (440) 953-6272

terry.grano@lhs.net

- Diabetes support group, Wednesdays; Call for info.
- Medical Nutrition Therapy available. Call for info.
- Diabetes Self-Management Education (ADA recognized), Lake East & West;
Call for times and additional info.
- Additional classes available; Call for info:
Diabetes tune-up class, two 1-hour sessions
Gestational diabetes management training
Matching insulin to carbohydrates classes

Lodi Community Hospital

225 Elyria Street; Lodi, OH 44254

Robin Waltenberger, RD, LD; 330-948-5546

rwaltenberger@lodihospital.com

- Diabetes Self-Management Education (ADA recognized). Call for info.
- Medical Nutrition Therapy available. Call for info.
- Diabetes workshops / seminars available. Call for info and / or watch local newspapers.

Lutheran Hospital

1730 W. 25th Street; Cleveland, Ohio 44113

Roz Witkowski, RN, CDE; 216-363-2330

Rosalinde.Witkowski@Lutheranhospital.org

- Diabetes Self-management Education available. Call for info.
- Cholesterol, blood pressure and blood glucose screenings available.

MedCenter Health System Mansfield Hospital (Richland)

355 Glessner Ave; Mansfield, OH 44903

Cynthia Welch, RN, CDE; 419-520-2550

- Diabetes support group
- Juvenile diabetes support group
- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Diabetes Self Management Education classes (ADA recognized)
- Annual diabetes fair
- Outpatient diabetes and pregnancy counseling

Marymount Hospital

12300 McCracken Road; Garfield Heights, Ohio 44125

Laural Burnes, MSN, RN, Diabetes Coordinator; (216) 587-8246

lburnes@marymount.org

- Diabetes Self Management Education classes available. Call for details.
- Medical Nutrition Therapy available. Call for details

Medina General Hospital (Medina)

1000 East Washington Street; Medina, Ohio 44256

June Wirtz, RD, LD, CDE or Jane Carver, RN, BSN

(330) 721-5981

jcarver@medinahospital.org

- Diabetes Self Management Education classes (ADA recognized).
- Diabetes health and wellness education. Call for information
- Diabetes seminars. Call for information
- Diabetes support group. Call for information

Mercy Medical Center (Stark and Carroll)

1320 Mercy Drive NW; Canton, OH 44708

Debra Shaw, RN, BSN, CDE; 330-489-1000 ex 2121

- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Gestational diabetes education available
- Diabetes Self Management Education classes (ADA recognized)
- Diabetes support group
- Pediatric diabetes support group
- Annual diabetes health and equipment fair

MetroHealth Medical Center

2500 MetroHealth Boulevard; Cleveland, Ohio 44109

Patricia Cardwell, MS, RD, CDE; (216) 778-7835

pcardwell@metrohealth.org

Lucinda Newshutz, RN

- Diabetes support group 4th Wednesday / month, 3-4:30 pm. General diabetes information for adults;
- Medical Nutrition Therapy available. Call for information.
- Diabetes Self Management education classes (ADA recognized), first 3 Wednesdays / month from 3-5:50 pm

To be rated at Metro Health, contact

1. Barbara Malone at 216-778-5585 and ask for an appointment.
2. For people over 55 years, contact Metro Health Advantage program 216-778-7800

Parma Community General Hospital

7007 Powers Boulevard; Parma, Ohio 44129

Karen Krauth, RN, BSN, CDE; (440) 743-2348

klkrauth@prodigy.net

- Diabetes support group, 2nd Thursday of each month, September-May, 7-9 pm in the hospital auditorium. (No December meeting)
- Medical Nutrition Therapy available. Call for information.
- Diabetes Self Management Education classes (ADA recognized) available.
- Diabetes seminars. Call for details.

Rainbow Babies and Children's Hospital / Pediatric Endocrinology

11100 Euclid Avenue, Room 737; Cleveland, Ohio 44106

Carol Meszaros, RN, BSN, CDE; (216) 844-3661

Carol.meszaros@uhhospitals.org

- Medical Nutrition Therapy with physician referral.
- Diabetes Self Management Education classes available by physician referral.
- Workshops available for school RN's

Robinson Memorial Hospital Diabetes Care and Education Center (Portage)

401 Devon Place, Suite 125; Kent, Ohio 44240

Ed Eichler, RN, CNS, CDE; (330) 677-1552

eeichler@rmh2.org

- Medical Nutrition Therapy with physician referral.
- Diabetes Self-Management Education classes (ADA recognized), by referral; Monday-Friday, 8 am-4:30 pm.

Samaritan Hospital (Ashland)

1025 Center Street; Ashland, OH 44805

Karin Schwan, RN, CPN, CDE; 419-289-0491 ex 3111

- Diabetes support group
- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Diabetes education classes

St. John West Shore Hospital

26908 Detroit Road, #300; Westlake, Ohio 44145

Elaine Cappas, RN, BA, CDE; (440) 827-5341

elaine.cappas@csauh.com

- Diabetes support group, 3rd Thursday of each month, 7:30-9 pm. (except Aug. and Dec)
- Medical Nutrition Therapy counseling by appointment
- Diabetes Self Management Education classes (ADA recognized), every other month. Individualized classes available by appointment.
- Workshops / seminars Spring and Fall

St. Vincent Charity Hospital

2351 East 22nd Street; Cleveland, Ohio 44115

(216) 363-3301

- Support group on 4th Monday / month; 9-10 am
- Medical Nutrition Therapy; indiv. and group classes M-F; call for info.
- Diabetes Self Management Education classes (ADA recognized)
Group classes first 3 Mondays/ month; 9am noon
Individual classes by appt.
- Workshops / seminars throughout the year
- Mailing list: call Joslin Center or visit Joslin web site (under affiliate)

South Pointe Hospital Cleveland Clinic Health System

Diabetes Education Center;

20000 Warrensville Center Road, Bldg A, 2nd floor; Warrensville Heights, Ohio 44122

Lynne Timko, RN, CDE; (216) 491-7385

- Diabetes support group available. Call for details
- Medical Nutrition Therapy available. Call for appt.
- Diabetes Self Management Education classes (ADA recognized). Call for details.
- Diabetes Health Fair in November.
- Mailing List: Call Lynne to be added.

Southwest General Health Center

18697 Bagley Road, Suite A412; Middleburg Heights, Ohio 44130
Darcie Drake, RN, BA, CDE or Hollie O'Malley, RN, BSN
(440) 816 -5728

ddrake@swgeneral.com

- Quarterly diabetes support group
- Medical Nutrition Therapy available with physician referral.
- Diabetes Self Management Education classes (ADA recognized) available.
- Diabetes seminars.
Call for details.

Southwest General Neighborhood Care Center

17951 Jefferson Park Drive; Middleburg Heights, Ohio 44130
440-816-8450 (Social Work Department)

- Free clinic serving the Middleburg Heights area.

Summa Center for Diabetes Care (Summit)

St. Thomas Hospital

444 North Main Street; Akron, Ohio, 44310;

Jodi Padrutt, RN, BSN, CDE; (330) 379-5680

padruttj@summa-health.org

- Diabetes Self Management Education classes (ADA recognized), M-F,
7:30 am – 4 pm except Tues. 7:30am – 7:30 pm
- Medical Nutrition Therapy available at same times as above
- Diabetes workshops / seminars throughout the year

University Hospitals of Cleveland / Adult Endocrinology

11100 Euclid Avenue, Lakeside 8107; Cleveland, Ohio 44106

Yolanda Flenoury, RN; 216-844-3283

University Hospitals Medical Practices (6 locations)

Phone: 216-383-7813 Fax: 216-383-5350

- Diabetes Self Management Education individual and group classes (ADA recognized),
by appointment with physician referral (Type 1, Type 2, Gestational)
- Medical Nutrition Therapy counseling, by appointment with physician referral
- Evening and some afternoon classes are available, please call for more information.

* 5850 Landerbrook Dr, Ste 100
Mayfield Heights, OH 44124

* 3909 Orange Place, Ste 2500
Orange Village, OH 44122

* 18599 Lake Shore Blvd
Euclid, OH 44119

* 960 Clague Rd
Westlake, OH 44145

* 14200 Ridge Road
N Royalton, OH 44133

* 701 N Lake Street
Madison, OH 44057

Union Hospital (Tuscarawas)

659 Boulevard Street; Dover, OH 44622
Ann Strauss, RN, CDE; 330-343-3311 x 2394

- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Gestational diabetes education available
- Diabetes Self Management Education classes (ADA recognized)
- Diabetes support group

Veteran Administration Medical Center**Wade Park Center**

10701 East Boulevard; Cleveland, Ohio 44106
Mary Beth Skala, RD, LD, CDE; (216) 791-3800 ext. 4404
marybeth.skala@med.va.gov

- Diabetes support group 4th Tuesday / month
- Medical Nutrition Therapy available
- Diabetes Self Management Education classes (ADA recognized)
Tues. at 1 pm and Wed. & Thurs. at 10 am

Brecksville Center

10000 Brecksville Road; Brecksville, Ohio 44141
Annette Pedersen, CNS,BC-ADM, CDE; (440) 526-3030 ext. 6445
Annette.Pedersen@med.va.gov

- Diabetes Self Management education classes (ADA Recognized Program)
Tuesdays at 1 pm and Fridays at 9:30 am
- Medical Nutrition Therapy available. Call for info.

Wadsworth-Rittman Hospital (Medina)

195 Wadsworth Road; Wadsworth, OH 44281
Cathy Weiss, RN, MSN; 330-334-2996

- Diabetes support group
- Medical Nutrition Therapy with physician referral
- Diabetes education classes

Wooster Community Hospital (Wayne)

1761 Beall Avenue; Wooster, OH 44691
Diane Rowe, RN, CDE; 330-263-8196

- Diabetes support group
- Medical Nutrition Therapy with physician referral

- Diabetes health and wellness seminars

Medicare Part B Coverage of Diabetes Services and Supplies

A copy of the publication on coverage of diabetes services and supplies can be obtained from the Medicare website, www.medicare.gov, or by calling 1-800-633-4227. TTY users should call 877-486-2048.

Covered diabetes services and supplies require a physician prescription and in some cases, a Certificate of Medical Necessity. Client payment responsibility is dependent on deductible, secondary insurance and provider acceptance of assignment.

Medicare part D covers the cost of some prescription drugs or insulin depending on the program in which a person is enrolled.

Supplies

Covered items include blood glucose monitors (one meter every five years), test strips, lancing device (one device every six months), lancets and calibration solution

Physician prescription must include the following documentation:

- Diagnosis of diabetes.
- Type of blood glucose meter needed and medical reason for the special meter, such as vision impairment.
- Number of tests strips and lancets needed for one month.
- Number of blood glucose tests per day.
- Whether insulin is part of treatment or not.

Foot exam every 6 months if you have diabetes related nerve damage in either foot.

Therapeutic Shoes

Coverage is 80% of the Medicare approved amount for depth-inlay shoes, custom-molded shoes and custom-molded shoe inserts. A Certificate of Medical Necessity including the following documentation must be completed by physician:

- Diagnosis of diabetes.
- Presence of one or more of the following conditions in one or both feet: history of partial or complete amputation, history of previous foot ulcers, history of callus that can lead to ulcers,

- peripheral neuropathy, poor circulation and/or foot deformity.

Diabetes Self Management Training

Requires physician referral. A Medicare approved program must provide services. Up to 10 hours of initial education and 2 hours of follow-up education is covered each year.

Medical Nutrition Therapy Services

Requires physician referral for the diagnosis of diabetes and/or kidney disease. Services must be provided by a Registered Dietitian who is a Medicare approved provider and include 3 hours of initial nutrition therapy and 2 hours each year after that.

Dilated eye exam annually

Glaucoma Screening

Service is covered once every 12 months for Medicare recipients who are at high risk for glaucoma, including diabetes or family history of glaucoma. Screening must be done or supervised by an eye doctor who is legally allowed to provide service in your state.

Flu and Pneumonia Shots

Coverage includes one flu shot per year during the fall or winter.

Generally, a pneumonia shot is needed only once. Consult with physician if indicated to have more than once.

NOTE:

- An authorized Medicare supplier must submit claims for mail orders electronically. Medicare does not accept claims from the recipient.
- Mail order suppliers must contact the Medicare recipient prior to shipping refill orders.

PATIENT MEDICATION ASSISTANCE PROGRAMS

Insulin and oral hypoglycemic agents are available to patients who cannot afford them through programs established by various pharmaceutical companies. Generally, the physician's office must initiate the process. Some programs will issue discount cards for medications or blood glucose monitoring supplies. Many assistance programs now have forms that must be filled out and submitted on-line by the physician's office.

The following Internet websites will provide information about medications or blood glucose monitoring supplies available through various assistance programs:

www.togetherrxaccess.com

Some *Lifescan* and *Medisense* (Ascencia) strips are covered under this program. Look under drug list; scroll down to bottom of list.

www.pharma.org (look under publications)

www.needymeds.com

www.rxoutreach.com or 1-800-769-3880

A patient assistance program that provides more than 55 FDA-approved generic medications. Rx Outreach provides a three-month supply of a medicine for \$20.00 / Tier 1 or \$30.00 / Tier 2

www.pparx.org (Partnership for Prescription Assistance) or 1-888-477-2669
www.americandiabeteswholesale.com

On-line company in business for over 5 years. Offers monitoring strips at a lower cost.

Assistance Services / Organizations

Becton Dickinson (BD)

BD has a patient assistance program for syringes only. \$15 for 3 month supply for those who are qualified. Patients should call 1-866-818-6906 and press option 1 to see if they qualify.

Care Alliance

Medical clinic providing health care and services to low income and the homeless at sites around the city. Provides physician services, nursing clinics, podiatry, pediatrics, dental and eye care. For more information on any of the locations, please call (216) 391-HELP.

Catholic Charities

(216) 631-3499

Catholic Charities-Geauga County, (440) 285-3537

Catholic Charities- Lorain County, (440) 324-2614

Catholic Charities-Lake County, (440) 946-7264

Catholic Charities-Medina County, (330) 723-9615

Children's Health Insurance Program (CHIP)

Ohio children up to age 19 may qualify for free health insurance through Healthy Start. Pregnant women may also qualify. Some income restrictions apply. Call the Consumer Hotline at 1-800-324-8680, Mon-Fri, 7 am-8 pm and Sat-Sun, 8 am-5 pm.

Cleveland Free Clinic

12201 Euclid Avenue

(216) 721-4010

Call for an appointment. Dental, eye and foot clinics available by appointment.

Cleveland Sight Center

1909 East 101st Street; Cleveland, Ohio 44106-8696; (216) 791-8118

Cuyahoga County Programs for Working Families

Child Care, (216) 987-7346

Health Insurance, (216) 987-7346

WIC (Women Infants and Children), (216) 961-2233

PRC (Preventing dependence, Retaining employment, Contingent needs), (216) 987-7000. Short term, one-time financial assistance.

Healthy Start

(216) 987-7346

A service of Cuyahoga Health and Nutrition providing insurance for children under age 19 based on sliding scale fee.

Kidney Foundation of Ohio, Inc.

1370 West 6th Street; Cleveland, Ohio 44113

(216) 771-2700

www.nkfofohio.org

Lake County Free Medical Clinic

54 South State Street #302,

Painesville, Ohio

(440) 352-8686

Doesn't provide diabetes services directly- may be able to refer to doctors at Northcoast Family Practice.

Lifeline, Inc. of Geauga County

8 N. State Street, #435; Painesville, Ohio 44077

(440)-354-2148

- Prescription Assistance Program
- Medical Services Assistance Program
- Lion's Club Eyeglass / Eye Exam referral Program

Lorain County Free Clinic

3323 Pearl Avenue; Lorain, Oh 44055

(440) 277-7602

www.lcfreeclinic.org

City of Cleveland Health Clinics (MetroHealth Center for Community Health)

Asian Plaza Plaza Medical Building, 2999 St Clair, 216-861-4646

Buckeye Health Center, 2816 E.116, (216) 957-4200

Broadway Health Center, 6835 Broadway; 216-957-1500

Brooklyn Health Center, 5208 Memphis Ave; 216-398-0100

J Glen Smith, 11100 St. Clair, (216) 249-3600

Lee Harvard Health Center, 4071 Lee Rd; 957-1200

Miles Broadway, 9127 Miles Avenue, (216) 883-3260

McCafferty Health Center, 4242 Lorain, (216) 651-3740

Strongsville Health Center, 16000 Pearl Rd; 440-238-2124

West Park Medical Building, 3838 W.150, (216)-957-5000

To be “rated”, call or walk in to one of the MetroHealth satellite clinics and ask to speak with the financial counselor. Some information, such as a photo ID, proof of income, proof of address, etc. will be required.

MetroHealth Medical Center (2500 MetroHealth Blvd; Cleveland, Ohio 44109)

To be rated at Metro Health Main Campus, contact

1. Barbara Malone at 216-778-5585 and ask for an appointment
(NO WALK-INS).
2. For people over 55 years, contact Metro Health Advantage program
216-778-7800

Neighborhood Care Center (Southwest General Hospital)

17951 Jefferson Park Dr; Middleburg Height, Ohio 44130 440-816-6444

Primary health care services at no cost for qualified residents of Berea, Brookpark, Columbia Township, Middleburg Heights, Olmsted Falls and Strongsville

Neighborhood Family Practice

Cleveland Office 3589 Ridge Road, (216) 281-0872

Tremont Office 2358 Professor Road, (216) 334-2800

NEON (NorthEast Ohio Neighborhood Health Services, Inc.)

Hough Center, 8300 Hough, (216) 231-7700

WALK-IN CLINIC AVAILABLE; first come / first served after registering

Superior Center, 12100 Superior, (216) 851-2600

Collinwood Center, 15322 St. Clair, (216) 851-1500

Southeast Center, 13301 Miles, (216) 751-3100

East Cleveland Center, 15201 Euclid, (216) 541-5600

- Centers offer a wide range of services with a sliding scale fee based on income for low-income families.
- Prescription drugs available on sliding fee scale or through various programs. Ask RN, MD or R.Ph for details.
- Dental clinics available at each location.

To access care at NEON, bring one of the following:

- proof of income in form of W-2 tax forms
- last 2 pay stubs
- last unemployment stub or statement from unemployment office
- statement from employer re: average weekly income
- statement on official letterhead from community organization (half way house, group home, church, social service agency) that can vouch for unemployment status

North Coast Health Ministry

(216) 228-7878

NCHM can provide free or discounted medical care to those who fit the guidelines. Call for additional information.

Ohio Department of Insurance

1-800-686-1526

Lists open enrollment under publication “Consumer Guide to Health Insurance” on web site www.ohioinsurance.gov

United Way Services / First Call For Help

(216) 436-2000

Free information and referral 24 hours a day. Visit the website at www.uws.org

Western Reserve Area Agency on Aging (WRAAA)

1-800-626-7277; (216) 621-0303 Local

Offers Meals on Wheels, home injury control, minor home modifications (wheelchair ramps, assistance bars), transportation, general information for the aging population.

CHORE Services – 664-4694 – workers provide home maintenance tasks (housework, mowing, simple repairs)